

week 45:	"u"
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Inspection: Uniform

We will go up and under, to the Ukraine and the whole Universe ... we will explore them all ... "uny" idea what the letter is today?

Games:

1. **Circle:** Up River

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2. **Obstacle Course/Wide game:** Up and Under

Put together an obstacle course with a lot of 'up and under' things for the Cubs to do. E.g. up the stairs, under the blanket, up the tree, under the chair, up the rope, under the bush, etc.

You could also put together a wide game with the abovementioned obstacles as clues taking them to places where they need to find pictures of things beginning with 'U'. So clue 1 would be 'under the chair', or 'up the tree', etc. Place the pictures in the correct position beforehand. Cubs must try and remember all the pictures and report back to the leaders once complete.

3. **Active:** Pikar (traditional Ukrainian game)

Get Cubs outside to play an active game of Pikar, a game popular in the Ukraine and surrounding countries. To play Pikar, a wooden peg is stuck in the ground vertically and players try to knock the peg over by throwing their wooden bats from a distance of 20 yards. Make sure that the Cubs are careful to aim away from others. (Instead of using bats, use tennis balls – but explain the concept and emphasise that the game comes from the Ukraine).

4. **Quiet:** Under the blanket

A Cub hides under a blanket and the rest of the Cubs must identify whose missing.

5. **Relay:** Using utensils correctly

(We need to know where all the utensils go before we can lay the table for dinner!)

Cubs in Sixes; have a table with various items on the table which would be used when laying the table for dinner: e.g. table cloth, plates, knives, forks, spoons, etc. One at a time the Cubs will run up and place something in its correct place before running back and tagging the next Cub to have a turn. The items need to be placed in order and if something is wrong

other Cubs can correct the mistake when they run up for their turn. You can also use this opportunity of showing the Cubs the correct way to hold a knife and fork, etc. and table etiquette.

Sense Training:

1. **Sight:** Under the Umbrella

Place a number of items under an umbrella and show them to the Cubs one at a time. Once all the items have been shown, ask the Cubs to write down or draw what they saw.

2. **Feel:** Under water

Place a number of objects in a container of water – one container per Six. Call out one object at a time, and one at a time the Cubs will feel in the container for the object that was called out. Once all the Cubs in that round have found the object then let the next Cub have a turn.

Yarn:

Henry the Unicorn – *By Alexandria Williams*

Once upon a time in the land of 'There Wasn't Any'
Lived a handsome young unicorn by the name of Henry.
Henry had one problem so forlorn,
On the top of his head was a wig not a horn.
"Oh me oh me oh my-I'm so forlorn,
On the top of my head is a wig not a horn."
His friends laughed and made fun of him all the day long.
Sitting on a green box, Henry sang this song.
"Oh me oh my I'm so forlorn
On the top of my head is a wig not a horn."
Madly in love with a unicorn named Sue,
Shaking his head sadly, saying, "What shall I do?"
One morning when Henry had got out of bed,
Under his wig was a lump on his head.
Each morning he looked, and it grew and it grew.
Off of his head fell his wig on his shoe.
Under his wig grew a shiny new horn.
Henry was smiling, no longer forlorn.
Out of the front door Henry he flew,
To show off his horn so shiny and new.
Now when it comes to the girls, Henry has more than plenty.
For Henry the unicorn, in the land of 'There Wasn't Any.'

(Another story you can use is the story of the Ugly Duckling)

Craft/Activity:

1. **Handcraft:** Tuna Tin Lanterns

When you go underground you need to make sure you have a lantern with you.

Tuna tins to be frozen with water and then the Cubs hammer in nails to make a pattern of holes for the tea lights to shine through.



1. **Activity:** Balloon rockets

(Up, up into the wide open Universe!)

You need:

- thin elastic (could also use wool, string, twine etc.)
- drinking straw
- scissors
- sticky tape
- balloon
- paper rocket



On the underside of the rocket tape a drinking straw cut in half. Then thread the straw onto one end of the elastic. If you are not using a rocket just thread your half straw onto whatever you are using (elastic, string, wool etc.). Tie your elastic/string across the room, making the straw/rocket end slightly higher than the other end. Tape a loop of tape to the underside of your straw/rocket (so that there is a sticky side facing out). Blow up a balloon and while holding the end so it doesn't deflate press the top of it against the tape underneath the straw/rocket so that it sticks. Make sure the back of the balloon is facing backwards as shown in the photo. Have a countdown and let your balloon go – into infinity and beyond.

2. **Activity:** Under the ground

For those Cubs who have not yet completed the requirement, you could use this opportunity to start the Cubs growing things. Why not try something different. See PoP 29 for some ideas ...

Singing/Play Acting:

1. **Singing:** Worms (*found under the ground!*)
(*Polly Wolly Doodle*)

Nobody loves me, everybody hates me
I think I'll go and eat some worms
Long ones, short ones, fat ones, skinny ones.
Watch them squiggle and squirm.

2. **Playacting:** Under the hat

You will need a couple of hats. In turn the Cubs will put on a hat (they will be under the hat!) and they need to act out accordingly. Don't use obvious hats with obvious uses (e.g. fireman's hat) – rather use generic hats so that they can use their imagination when acting.

Advancement covered:

Silver Wolf:

Growing things: Grow a seed in a transparent container. When it is big enough plant it in soil.
Service: Make a gift and give it to a friend or family member (lantern)

Gold Wolf:

Growing things: Make or lay out a vegetable bed or herb garden OR prepare a seed bed/container and plant flower seeds.